

December 10, 2020

Dear Employee,

The Centers for Disease Control and Prevention has identified health care workers and nursing home residents as the first group to receive the COVID-19 vaccine. There is a lot of activity by states and local health departments about how this will happen, and most plans are still in draft form, but we do have some information. We want to share this so you can begin thinking about any questions you may have about the vaccination process.

**We want you to know that Mather has taken the steps needed to have our senior living employees and residents included in the first group to receive the vaccine. We strongly encourage you to participate and realize you may have some questions.** We have put together a few bullet points on information we know so far. We will continue to send information to you as soon as we have more facts.

Although we do not know which vaccine we will be given, here are some things to consider about the COVID-19 vaccines in general:

- FACT: COVID-19 vaccines will not give you COVID-19. None of the COVID-19 vaccines currently in development in the United States use the live virus that causes COVID-19.
- FACT: COVID-19 vaccines will not cause you to test positive on COVID-19 viral tests.
- FACT: People who have gotten sick with COVID-19 may still benefit from getting vaccinated.
- FACT: Getting vaccinated can help prevent you from getting sick with COVID-19.
- FACT: Receiving an mRNA vaccine will not alter your DNA.
- FACT: You will receive the vaccine at no cost to you if given on-site at a Mather community.
- FACT: You will still need to utilize infection prevention measures after you are vaccinated.
- The first vaccines will most likely require a two-injection process, three weeks apart.
- There is a possibility of some side effects from receiving the vaccine that may last for 24 to 48 hours. Those may include, but are not limited to, soreness at the injection site, fatigue, fever, and flu-like symptoms.

We will be providing additional details on the vaccination process for each community as we learn more.

Take care and stay well.

Sincerely,



Mary Leary  
President and CEO