

COVID-19 UPDATE

December 2, 2020

Dear Splendido Residents,

We have learned of **7 individuals in Sonora who have tested positive for COVID-19.**

The new cases include:

- 1 Sonora resident
- 5 employees who work in Sonora
- 1 contracted service individual who works in Sonora

We understand that when a positive case is shared, you'd like to know more. Many of you have mentioned your concern for the health and well-being of your neighbor or for an employee of Splendido. Certainly, some of you wonder if you have been exposed yourself. Due to federal laws and regulations regarding protected health information, we are not able to provide you with specifics. Please know that Splendido interviews residents and employees who have tested positive with COVID-19 to determine if they were in close contact with others (meaning within 6 feet of anyone for more than 15 minutes) and will notify those individuals. Having said that, **it is important for you to minimize your exposure to others at this time and keep your distance from fellow neighbors, employees, and people outside Splendido.**

INDEPENDENT LIVING UPDATE

There are no new cases in Independent Living at Splendido. Splendido is testing employees who work in Independent Living this week.

COVID-19 CASES ON THE RISE – INCLUDING POSITIVE CASES REPORTED AT PHYSICIANS' OFFICES AND HOSPITALS



Arizona, like the rest of the United States, is experiencing an increase on COVID-19 cases and this trend is expected to get more serious as we see effects of Thanksgiving travel and gatherings. In November, the Pima County Health Department recorded nearly four times the number of cases that were reported in October,

surpassing the county's previous peak over the summer. See the tremendous local surge Pima County is experiencing.

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COVID-19 UPDATE

As a result of the serious nature of the rise in cases, Tucson City Council approved a mandatory curfew that will go into effect at 10:00 p.m. Friday, December 4. The curfew is between 10:00 p.m. and 5:00 a.m. This dramatic step would prohibit anyone from being on public streets or spaces inside the city of Tucson unless traveling to work or other essential activities.

HOSPITALS AND PHYSICIANS' OFFICES

We are also seeing a rise in positive cases being reported through exposures at the hospital through outpatient procedures, hospital stays, and even through medical office visits. We understand that you may need to visit with your physician. We encourage you, when able, to do a telehealth visit. If you do see a physician in person, we request that you avoid socializing with others for 14 days.

OUR CONTINUED COMMITMENT

Over the course of this pandemic, we continue to educate employees and residents about proven preventative measures, as well as self-monitoring and reporting symptoms. As we enter flu season, we ask that you continue to be diligent in protecting yourself and others, with the following steps:

- **practicing physical distancing (no closer than 6 feet away for no more than 15 minutes)**
- wearing masks that cover your mouth and nose when you are outside of your apartment home
- good hand hygiene by washing your hands frequently for 20 or more seconds
- avoiding small social gatherings
- leaving only for essential activities. Use grocery and pharmacy delivery services or curbside pickup when able. Limit your exposures during this holiday season.

Please take care and stay well.

Sincerely,

James C. Edwartoski
AVP & Executive Director

PLEASE SELF MONITOR FOR COVID-19 SYMPTOMS

If you are experiencing any of the following symptoms, you should contact your physician for guidance, stay in your home, and notify the Concierge at (520) 878.2600. Symptoms include a loss of taste or smell, cough, fever, sore throat, shortness of breath, headache, chills, muscle pain, pink eye, eye pain, vertigo, discoloration of the toes, and gastrointestinal issues such as diarrhea, nausea, or vomiting.

