COVID-19 UPDATE

December 11, 2020

Dear Splendido Residents,

As a result of testing, we learned yesterday, December 10, 2020, **an employee in Sonora has tested positive for (COVID-19).** The employee is recovering at home and following guidance from their physician. We wish them a speedy recovery.

Splendido is interviewing this individual to determine if he/she was in close contact with residents and/or other employees (meaning within 6 feet of anyone for more than 15 minutes). Individuals will be notified.

CASES ARE ON THE RISE IN PIMA COUNTY:

Our county continues to experience a sharp increase on COVID-19 cases. Please keep in mind that risk of infection is high, and consider leaving our community only for essential activities. Please use grocery and pharmacy delivery services or curbside pickup when able, move physician visits to telehealth calls when appropriate, and limit your exposures during this holiday season. Taking these steps will help protect your health and safety, and that of others in our community.

COVID-19 VACCINE NEWS:

The Centers for Disease Control and Prevention has identified health care workers and nursing home residents as the first group to receive the COVID-19 vaccine. There is a lot of activity by states and local health departments about how this will happen, and most plans are still in draft form, but we do have some information. We want to share this so you can begin thinking about any questions you may have about the vaccination process.

We want you to know that Mather has taken the steps needed to have employees included in the first group to receive the vaccine. We have put together a few bullet points on information we know so far. We will continue to send information to you as soon as we have more facts.

Although we do not know which vaccine we will be given, here are some things to consider about the COVID-19 vaccines in general:

- FACT: COVID-19 vaccines will not give you COVID-19. None of the COVID-19 vaccines currently in development in the United States use the live virus that causes COVID-19.
- FACT: COVID-19 vaccines will not cause you to test positive on COVID-19 viral tests.

- FACT: People who have gotten sick with COVID-19 may still benefit from getting vaccinated.

- FACT: Getting vaccinated can help prevent you from getting sick with COVID-19.
- FACT: Receiving an mRNA vaccine will not alter your DNA.
- FACT: You will still need to utilize infection prevention measures after you are vaccinated.
- The first vaccines will most likely require a two-injection process, three weeks apart.
- There is a possibility of some side effects from receiving the vaccine that may last for 24 to 48 hours. Those may include, but are not limited to, soreness at the injection site, fatigue, fever, and flu-like symptoms.

We will be providing additional details on the vaccination process for each community as we learn more.

Please take care and stay well.

Sincerely,

James C. Edwartoski
AVP & Executive Director

PLEASE SELF-MONITOR FOR COVID-19 SYMPTOMS

If you are experiencing any of the following symptoms, you should contact your physician for guidance, stay in your home, and notify the Concierge at (520) 878.2600. Symptoms include a loss of taste or smell, cough, fever, sore throat, shortness of breath, headache, chills, muscle pain, pink eye, eye pain, vertigo, discoloration of the toes, and gastrointestinal issues such as diarrhea, nausea, or vomiting.