

May 22, 2020

Dear Residents,

Splendido continues to have no known cases of COVID-19 among Splendido residents or employees. Thank you for your diligence in adhering to sheltering in place—it is really paying off, in tandem with our strong infection control protocols.

Here are some important updates:

Relaxation of Shelter in Place Protocols for Independent Living: Starting immediately, we are starting phase one of easing restrictions on staying home. Residents who take precautions may now walk and bike outside the community, take a drive, golf, or connect in outdoor areas. Please keep the following in mind:

- **When walking or biking**, please stay distant (6 feet away) from others and have your mask with you. If you are near others, please wear your mask. These activities are for fresh air and exercise; do not go into stores or other places of business.
- **When taking a drive**, do not stop to go into stores or other places of business. You can drive alone and with your spouse, but please do not drive others around in your car.
- **When gathering outdoors**, wear a mask and maintain physical distancing (6 feet), with no more than four residents in a designated space at one time in the Living Room Terrace, Ramada (Gazebo), Bella Vista Terrace, and Catalina Patio. While we will be wiping down each area twice a day, we ask that you use the supplied cleaning supplies to wipe down the chairs and tables before and after use.

Current restrictions for Sonora remain in place.

COVID-19 Testing: Starting next week, we will begin testing Sonora residents, starting with residents in Assisted Living, Memory Support, and Skilled Nursing, along with Sonora support staff. Pima County is providing the testing as part of their local guidance. The following week, we will conduct testing for all nursing staff.

With testing, we can expect there may be more positive cases of COVID-19 due to many people being asymptomatic who may have the Coronavirus. Splendido has been preparing for the potential of increased cases for both residents and employees with an isolation area for residents who test positive, strong infection control and sanitation protocols to minimize the spread of the virus, and staffing plans.

Please note that we do not have plans to test Independent Living residents or staff at this time.

I would like to thank the resident advisory group and other residents who made recommendations to relaxing some of our current protocols.



I hope you enjoy your Memorial Day weekend. Our team members will be thinking of those who made the ultimate sacrifice for our country. It's a good time to connect virtually with loved ones and enjoy moments of quiet reflection. As we relax some of our shelter in place protocols, please remember the importance of hand hygiene, physical distancing, and mask wearing.

Questions? Please call (520) 878.2601 or email bewell@splendidotucson.com.

Take care and stay well.

Sincerely,

James C. Edwartoski
Executive Director

If you are experiencing any of the following symptoms, you should contact your physician for guidance, stay in your home, and notify the Concierge at (847) 256.9300. Symptoms include a loss of taste or smell, cough, fever, sore throat, shortness of breath, and gastrointestinal issues such as diarrhea, nausea, or vomiting. **Newer symptoms include headache, chills, and muscle pain.** Please note that pink eye, eye pain, or vertigo, as well as discoloration of the toes may also be COVID-19 symptoms.

